

# ATTENTION

## To Prevent Spread of Coronavirus (COVID-19):

The Department of Social Services is committed to a continuation of services during this crisis. The Department encourages applicants and participants to go online to apply for benefits, submit documents and manage their cases.

### For Assistance Programs:

**Avoid coming in: we're available online or by phone.**

- Use our online services:
  - Apply for CalFresh at [www.getcalfresh.org](http://www.getcalfresh.org).
  - Apply for Medi-Cal, CalFresh, CalWORKs, and/or General Assistance at [mybenefitscalwin.org](http://mybenefitscalwin.org). You can also apply for Medi-Cal and health coverage at [www.coveredca.org](http://www.coveredca.org).
  - Complete reports, renew benefits, and submit documents online at [mybenefitscalwin.org](http://mybenefitscalwin.org). For more information on using myBenefits CalWIN:
    - [myBCW Actions for Participants](#)
  - Submit documents by emailing to [ss.SubmitDocs@co.slo.ca.us](mailto:ss.SubmitDocs@co.slo.ca.us)
    - Please include your full name, your phone number, your case number (if known), and your worker's name and worker number to make sure the information is correctly routed.
- For replacement EBT cards, PIN changes, or to check EBT balance: (877) 890-4488
- Give us a call:
  - San Luis Obispo office: (805) 781-1600
  - Paso Robles office: (805) 237-3110
  - Atascadero office: (805) 461-6000
  - Morro Bay office: (805) 772-6405
  - Arroyo Grande office: (805) 474-2000
  - Nipomo office: (805) 931-1800